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### **Teva Tiga Berry Picker - Newcomer Wins 5K, Familiar Faces on Podium for 10K**



From the Eagle Bahn Gondola

Vail, CO ----- Over 100 runners were greeted to mostly sunny skies for the 9:00 race start at the base of Vail Mountain this morning. Runners had a choice in the fourth event of the Teva Vail Mountain Trail Running Series, whether to run a 5 kilometer race, or a slightly-longer-than 10 kilometer race. More than one half of the runners opted for the shorter distance. Both events started simultaneously.



Turner

Elizabeth Turner, 21, back home in Vail from Maine's Colby College, led the women in the 5 kilometer event. On the last climb up Berry Picker Trail, Turner, who had slowed her pace to a brisk walk, asked course marshals if she was close to the finish. One of the marshals said, "Just look up and you'll see the finish line." Turner smiled, broke into a run, and went on to finish in 44:59.

Turner started running with the Mountain Divas this summer, a group coached by local multi-sport athlete Ellen Miller. At the finish area Miller commented on Turner's leg speed on the track. "Liz is great on the track and I was pleased to see her run as well as she did on such a tough climb." Miller also raced today winning the 40-49 age group timed in 50:18.



Miller

Katie Anglen, 29, and Jeanne Blatter, 49 finished second and third overall among the women timed in 45:54 and 46:04 respectively.

In the 10 kilometer race, four-time Teva U.S. Mountain Running Team member and two-time USATF Mountain Runner of the Year Anita Ortiz, 42, sliced more than two minutes from her winning time of 1:16:57 last year. Ortiz was timed in 1:14:14 for the victory while Amie Bervy, 41, finished in second place with a time of 1:28:27. Rounding out the top three was Sandy Metzger, 43, timed in 1:37:15.



Ortiz

Age group winners in the 10 kilometer race included: Sarah Breeden 19 & Under; Rebecca Hall 20-29; Andrea Capili 30-39; Martha Miller 40-49; and Ellen Colrick 50-59. In the 5 kilometer race age group winners included: Karlie Moore 19 & Under; Diedre Weaver 20-29; Denise Knutson 30-39; Ellen Miller 40-49; and Jackie Deal 50-59.



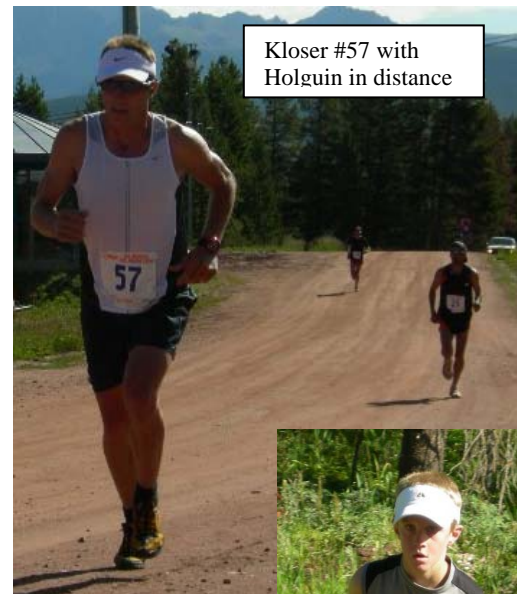
For the men, Bernie Boettcher led the way in the 5 kilometer race to repeat his victory of last year and in doing so lowered his time by nearly three minutes. Boettcher ran 33:55 for the win followed by Eric Hermann, 44, timed in 36:07 and junior runner Tony Ryerson, 15, in 42:51.

The 5 kilometer race finish was also the half-way mark in the 10 kilometer race. Boettcher and eventual 10 kilometer winner Bill Fanselow were side by side at this point in the race. Fanselow, 39, en route to his win bested last year's



champion and 2004 Teva U.S. Mountain Running Team Member Andy Ames's time of 1:05:06 by nearly two minutes to finish in 1:03:30. At the finish area Fanselow mused, "I was tired of finishing minutes behind members of the world mountain running team and upped my pace for this race."

Fanselow's time was well ahead of second-place finisher Antonio Holguin, 40, who was timed in 1:06:06. In third place was pro-adventure racer Mike Kloser, 46, who finished just twelve seconds behind Holguin. Kloser was leading Holguin at the halfway point, but was passed on the upper loop of the trail.



Kloser #57 with Holguin in distance

Emily left, Heidi right



Kloser's wife Emily, son Christian and daughter Heidi all ran the 5 kilometer event.

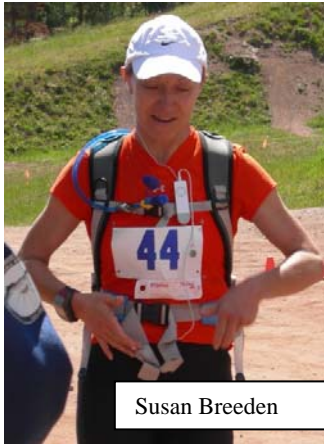
Christian, 12, was third in the very competitive 19 and under age group in a time of 46:44 while Heidi, 13, was second in her age group with a time of 52:58.

Age group winners for the men in the 5 kilometer event included: Wes Batts 19 & Under; Tyler Littlefield 20-29; Scott McClarrion 30-39; Mark Dawson 40-49; Rick Reimer 50-59; and Jim Romero 60 and over.

On the men's side in the 10 kilometer race age group winners included: Aaron Coe 20-29; Westcott Hyde 30-39; Scott Oberbreckling 40-49; Bob Theodore 50-59; and Jim Mykleby 60 and over.



Christian Kloser



Susan Breeden

Another family entry today was the Breeden family of four. Susan Breeden, 49, and daughter Sarah participated in the 10 kilometer race while Susan's husband Bob and daughter Elizabeth, 15, participated in the 5 kilometer race.

Brothers Paul and David Fitzpatrick arrived in Vail this past Thursday from North Carolina and registered for the race yesterday afternoon shortly after finishing a long 17 mile training run on the bike path from Edwards to Eagle-Vail. The pair is training for the Steamtown Marathon in Scranton, PA this October. Paul, 42, and David, 40, finished the 5 kilometer event.



Paul Fitzpatrick #42

The Berry Picker races started at the base of the Eagle Bahn Gondola in Lionshead. The 5 kilometer runners gained approximately 2,000 feet in elevation over the 3.1-mile course while the 10 kilometer runners gained more than 3,000 feet in the nearly seven mile route. The base elevation at the start line in Lionshead



was approximately 8,200 feet and the finish line was located at just over 10,000 feet. Aid stations were located at several points on course and water, fruit, and Gatorade were available at the finish line along with goody bags for all participants and short-sleeved T-shirts designed by 5 kilometer winner Bernie Boettcher.



Berry Picker T-shirt



The awards ceremony was held near the finish line which was conveniently located just below Eagle's Nest. Runners could walk a short distance to Eagle's Nest and hop on the Eagle

Bahn Gondola for a ride back to Lionshead. Some runners did just that while others opted for some more miles and ran back to Lionshead on the trails.

The top three male and female finishers overall received gift certificates for Teva footwear while the top finishers in each age group 19 and under, 20-29, 30-39, 40-49, 50-59, and 60+ also receive prizes. There will be no duplicate awards although all participants were eligible for random prize drawings featuring gear from FuelBelt, Inc., a DVD entitled, THE RUNNER, which follows



L-R: Boettcher, Turner, Greg Moffet – Owner, TIGA Advertising (race sponsor)

Extreme UltraRunner David Horton as he runs more than 40 miles per day for 66 consecutive days in an attempt to set the speed record on the 2,700 mile Pacific Crest Trail from Mexico to Canada, gift subscriptions to *Trail Runner* magazine, and massages from JointWorx.



Scott McClarrion, 30-39 - 5K champ

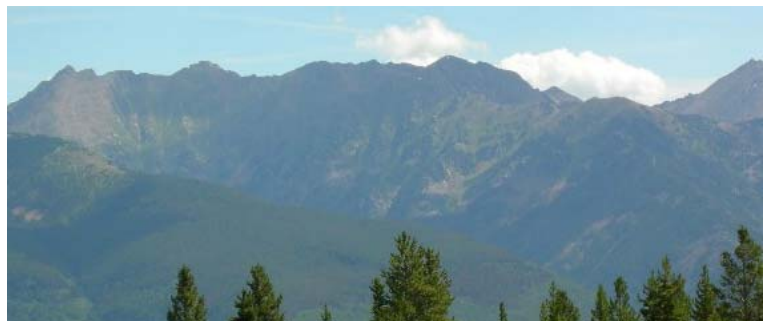
Named best race series of 2005 by regional magazine *Colorado Runner*, the Teva Vail Mountain Trail Running series celebrates its ninth anniversary this year. In order to be scored as a series finisher, participants must complete at least four events. The Teva TIGA Berry Picker (5k/10k) is followed on September 10 with the fifth and final event of the series – the Teva Joint Worx EverGold 10K. Series awards will be presented at the September 10 event during the race awards ceremony. Last year’s series boasted more than 1100 participants with nearly 20 runners completing all races in the series.

Rick Reimer, 50-59 – 5K champ



Winners in the first series event on June 11, the Teva First Bank

of Vail 10K at 10,000 feet, were Helen Cospolich and Bernie Boettcher. Cospolich also won the women’s division in the second race in the series, the Teva Vail HillClimb on July 2. Simon Gutierrez, a five-time member of the Teva U.S. Mountain Running Team was the overall winner. Winners in the Teva Vail HalfMarathon on July 23 were Andy Ames and Anita Ortiz.



Individual race entry for the Evergold 10K is \$25 or \$35 on race day. Runners can register Online at active.com, print out an entry form at [www.vailrec.com](http://www.vailrec.com) and mail, or fax a completed entry, stop by Vail Recreation District at 700 South Frontage Road East (the building with the large clock next to the tennis courts at Ford Park) and drop off their entry, or register on race morning.

Series title sponsor Teva footwear introduced the Teva Mountain Running Club earlier this year and invites all athletes to join at [www.teva.com](http://www.teva.com). Series sponsors include First Bank of Vail, Joint Works Physical Therapy, Vail's Mountain Haus, Tiga Advertising, Howard Head Sports Medicine Centers, Steadman Hawkins, SmartWool, FuelBelt, Lara Bar, and Gatorade.

For more information including complete results, press releases from past events, and to view course maps visit [www.vailrec.com](http://www.vailrec.com)

Acacia and Amanda Ortiz help out at race registration



John Arnot & Mark Muehlethaler chat post race



Tom Edwards, finished the 10K – on course, at finish line, sporting candidate message



Miller Lewis & Nancy Stevens



Volunteers at the finish line

